

Psychiatric Consultation Clinic & Group Medical Visits NS Adult Community Mental Health Services

Purpose: To support GP's caring for adults with high-prevalence disorders that don't need the full range of treatment and support offered by community mental health programs (ATS, CPS).

Description

- Non-urgent Psychiatric consultation.
- Consult letter will be sent to the GP.
- GP implements the recommendations including prescribing and monitoring AND/OR
- Optional ongoing Group Medical Visit (GMV) followup
 - Focus on medical aspects of care, symptoms and medication use. Not to address personal issues or provide 'group therapy'.
- If the psychiatrist finds the patient needs intensive services, eg counselling or monitoring by a mental health program, they will be appropriately referred.
- For urgent referrals, continue to use Rapid Access Psychiatric Service (RAPS) at LGH. 604.988.3131 loc 4513.

Examples of suitable referrals

- Assessment & Diagnostic Clarification
- Medication Review
- Recommendations for management

Exclusion Criteria

- Patients in crisis who need to be seen rapidly (ie within one or two weeks).
- Third Party Assessments (ie, legal/insurance/employment/parenting reports)
- Patients being followed by a psychiatrist or mental health team.
- Children/youth/geriatric patients
- Patients whose treatment needs are beyond the program mandate.

Referral Process

- Use the (previously yellow) "Mental Health & Addictions Referral" Form, with a new PCC check box.
- Provide additional information to assist the psychiatrist with the consult, and be clear on what you need (eg. med review, diagnosis, management etc)
- If you are uncertain as to the patients' suitability, call Central Intake at 604-904-3540, or indicate "triage" as the reason. The intake clinician will determine the most suitable service.

Location

- Co-located with MH Central Intake and Assessment & Treatment Services (ATS) at 145 W. 17th St, in North Vancouver.

Hours

- Currently Wednesday 8:30-4:30.