

MENTAL HEALTH AND ADDICTION SERVICES ON THE NORTH SHORE

Main Points from November 25/10 presentation by Dr. Lance Patrick, Claudia Frowein, and Mary Murray of Community Psychiatric Services (CPS)

- VCH is in the process of integrating Addiction Treatment Services and CPS into Community Mental Health Services (CMHS)
- Plans for the future include: a new Centre of Excellence; Mental Health and Addictions for Older Adults; Youth Services; Teaching and Research
- Centralized Access includes: Emergency (immediate); Rapid Adult Psychiatric Services (RAPS); and, Community Mental Health
- NS Treatment Sites include: W 17th Street, NV; St. Andrews, NV; Marine/22nd in WV; residential facilities in NV and WV (75 group home beds in total)
- **Central Intake at 604-904-3540** and one form includes triage/access to the following programs: Stepping Stones; Short-term Program; Long-term Program; Community Residential Program (2 other programs currently in the planning stages)
- **Child and Youth Mental Health fax 604 983 0615**, phone 604-904-4336
- **Geriatric Mental Health fax 604 904 6266**; phone 604-904-6200
- Financial support is limited for mental health clients – they can apply for Persons With Disabilities (PWD) for rent subsidies, Plan G is available for coverage of psychiatric medication costs
- Counselling services are beyond that which VCH can offer are available on a sliding scale through NS Family Services (clients can self-refer), they have marital counselling, gambling therapy and anger management groups to name a few
- Other resources include Hollyburn Family Services (also a sliding scale), Canadian Mental Health (offer sessions at \$20 per session – max 20 sessions), Jewish Family Services and Living Systems
- There is a 24/7 Psychiatrist available through LGH emergency
- There are 14 psychiatrists who rotate on-call shifts
- There are 26 psychiatric in-patient beds (2 extra beds if needed to a maximum of 28)
- Magnolia House (group home) may function as a psychiatric ward but cannot accommodate those who need a secure environment or those with hostile behaviour
- **Mary Murray can be reached at 604-904-3540** and is willing to help us with figuring out where a patient could get help
- In addictions, for access to residential treatment a patient must have a substance abuse counsellor in the community (can find at Stepping Stones)
- Please refer to Power Point, referral form and referral guidelines handed out at the presentation for further info, forms on www.deanbrown.ca |NS Division| Presentations| Mental Health