

VANCOUVER COASTAL HEALTH PROGRAMS

PROGRAM	DESCRIPTION	TELEPHONE	FAX
ABUSE & NEGLECT PROGRAM	Consultation & responses to adults, who are abused, neglected and self-neglected.	604-904-6200	604-913-0066
AMBULATORY OUTPATIENT NS CLINIC	Outpatient clinic for wound care, IV.	604-986-7111	604-904-6171
AQUIRED BRAIN INJURY	Assessments and home/community supports for clients living with acquired brain injury (ABI).	604-986-7111	n/a
ASTHMA AND COPD EDUCATION PROGRAM	Individual education sessions for self-management of Asthma & COPD.	604-984-5888	604-904-6172
ASTHMA CLINIC PEDIATRIC	Individual education sessions for Pediatric Asthma.	604-984-5888	604-904-6172
BREATH PROGRAM (RESPIRATORY REHAB)	Rehabilitation program provides education, exercise and support for clients with COPD or Pulmonary Fibrosis, and their families.	604-984-5888	604-904-6172
CARDIAC REHAB & CARDIO-METABOLIC PROGRAM	Counseling, exercise program and lifestyle modifications for patients with cardiac risk factors.	604-904-0810	604-904-6172
CHOICE IN SUPPORTS FOR INDEPENDENT LIVING (CSIL)	CSIL is a direct funding model of self-managed home support for people with high physical care needs. For North Shore adults who require ongoing home support services.	604-986-7111	604-983-6707
CHRONIC DISEASE NURSE CLINIC	Chronic Disease Nurse (CDN) supports GPs on the North Shore by coordinating care/services for clients with complex health/social needs.	604-984-5752	604-904-6172
DIABETES EDUCATION CENTRE	Education, assessment, treatment for prediabetes and diabetes with a focus on chronic disease prevention and self-management.	604-984-5752	604-904-6172
DIABETES FOOT CARE PROGRAM	Education, assessment & treatment with a focus on self-care and management for the prevention of wounds/foot ulcers.	604-984-5752	604-904-6172
DIALYSIS NS UNIT	Dialysis services for both acute and chronic renal clients. Majority of clients are North Shore residents, but not limited to this population.	604-904-1157	n/a
EATING DISORDERS CLINIC	Support youth with eating disorders including medical, dietary and counselling.	604-904-6200	n/a
GERIATRIC OUTREACH PROGRAM	Assessment and intensive treatment services to older adults with complex health problems.	604-904-6200	604-913-0066
HOME CARE NURSING – INTAKE	Assessment of clients needs to determine eligibility for admission for North Shore Home & Community Care Resources.	604-983-6740	604-983-6886
HOME CARE NURSING &/or REHAB - HOME VISITS	Home-based assessment & treatment to maintain client's safety & independence.	604-986-7111	604-983-6707
HOME SUPPORT – HOME VISITS	Home-based support for medication management, bathing and meal preparation.	604-986-7111	604-983-6707
JOINT REPLACEMENT CLINIC	Multidisciplinary assessment and treatment pre & post surgery (knee & hip)	604-984-5981	604-984-3748
LONG TERM ASSMT. & CASE MANAGEMENT	Assessment and services for home support, respite care, adult day care, home & residential care.	604-983-6740 604-986-7111	604-983-6707
MEALS NS DINERS CLUB CONGREGATE MEALS	Affordable nutritious meals to seniors & other registered participants.	604-904-6483	n/a
MENTAL HEALTH & ADDICTIONS SERVICES	Screening for clients requiring ongoing assessment, treatment & case management.	604-904-3540	604-904-3542
MENTAL HEALTH OLDER ADULT	Outreach, assessment & treatment of older adults with complex mental illness, substance abuse & neglect.	604-904-6200	604-913-0066
MENTAL HEALTH RAPID ACCESS PSYCH SERV.	Emergency psychiatric assessment and intervention at either in LGH Emergency or Clinic.	604-988-3131 x4513 or 4289	604-983-6060
MENTAL HEALTH STEPPING STONES	Individual and group sessions for clients with substance misuse (including clients with concurrent mental health).	604-904-6180	604-904-6185
MENTAL HEALTH & ADDICTIONS YOUTH	Assessment & treatment services by a multi-disciplinary team for children and youth.	604-904-4336 604-9843795	n/a
OSTEOARTHRITIS SERV. INT. SYSTEM (OASIS)	Individual assessment and education for self-management of osteoarthritis.	604-875-4257 604-904-6200	604-904-6172
NUTRITIONAL COUNSELLING	Group & individual education and counseling for all types of diets, e.g. weight management.	604-984-5752	604-904-6172
PUBLIC HEALTH (On-Call Nurse)	Early years, child and youth, adult immunizations, harm reduction, communicable disease.	604 983-6700	n/a
REHABILITATION OUTPATIENT CLINIC	Assessment, education & treatment for rehabilitation services.	988-3131 x5809	604- 984-5744
SMOKING CESSATION COUNSELLING	Offers individual, group and phone support to quit smoking.	604-984-5888	604-904-6172
SPEECH/LANGUAGE PATHOLOGY CLINIC	Provide education, assessment & treatment for speech pathology in children.	604-904-6200	604-904-6172
VIRAL HEPATITIS SERVICES	Provide disease and preventative education and services for people affected by viral hepatitis and their family members.	604-983-6700	604-983-6883
WOUND CARE	See <i>Ambulatory Outpatient NS Clinic</i> above.	604-986-7111	604-904-6171

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This resource list is re-printed every six months. To download the most updated version visit:
<http://www.divisionsbc.ca/northshore> or <http://www.deanbrown.ca/>
 To contact North Shore Chronic Disease Services: email nscds@vch.ca

COMMUNITY PROGRAMS AND SERVICES

PROGRAM	DESCRIPTION	TELEPHONE	FAX
ABORIGINAL PATIENT NAVIGATOR	Assists Aboriginal peoples with access to health services. Helps client navigate health care system through consultation and referral services. First Nations, Inuit & Métis – both on and off reserve.	604-875-5600 x63292	604-875-4846
CAREGIVER SUPPORT PROGRAM	Offers individual support, education and network groups for caregivers.	604-982-3320	604-985-0645
COUNSELLING PROGRAM	Individual counselling for patients with complex health needs and depression/anxiety.	604-987-6959	604-904-6172
CHRONIC DISEASE SELF-MANAGEMENT PROGRAM	Workshops for self-management of chronic disease. Arthritis, Diabetes and Pain-specific programs offered.	604-940-1273	n/a
NS DISABILITY RESOURCE CENTRE ASSOCIATION	Physical disability-specific information and referral services for people with disabilities.	604-985-5371	n/a
DRIVING MISS DAISY	Accompaniment and other home support services.	604-720-4030	n/a
FAMILY SERVICES OF THE NORTH SHORE	Education, programs, support & counselling to community members.	604-988-5281	n/a
GOLDEN CIRCLE	Wellness & socialization for older adults.	604-982-8300	n/a
HOLLYBURN FAMILY SERVICES	Counselling & support services for clients experiencing difficulties copy with daily lives.	604-987-8211	n/a
MEALS ON WHEELS	Provides a hot nutritious noon-day meal to people living on the North Shore	604-922-3414	n/a
MENTAL HEALTH BOUNCE BACK PROGRAM	Brief, structured phone coaching on self-management of mood and worry.	604-929-2199	604-904-6172
NS MULTICULTURAL SOCIETY	Provides specialized programs for immigrants and refugees to the North Shore	604-988-2931	n/a
SENIORS PEER SUPPORT PROGRAM	One-to-one confidential emotional support and guidance to address life changes and goals for management of health conditions.	604-987-8138 x211	n/a
SENIORS IRANIAN HAMRAHAN PROGRAM	Support groups and education sessions for Farsi-speaking seniors with support of trained peer volunteers and professional facilitators..	604-987-8138 x211	n/a
NS STROKE RECOVERY CENTRE	Support for stroke survivors, family friend & caregivers.	604-929-5803	n/a
SHOPPING WITH DORIS	Transportation for personal shopping, social outings, Mall Walking Programs.	604-988-7115	n/a
SENIORS GO BUS	Shuttle service to provide transportation to seniors with limited access to services.	604-980-2474	n/a

TELEPHONE AND ONLINE INFORMATION SERVICES

Program	Description	Telephone	Fax
BREATHWORKS COPD HELPLINE	Confidential COPD information service with COPD educators offers information and support for people with COPD, and their families.	1-866-717-2673	n/a
CHARD BC WWW.CHARD.BC.CA	Ministry of Health Services - Healthcare & Resource Directory for GPs: http://info.chardbc.ca/default.asp	1-877-330-7322	n/a
COMMUNITY INFORMATION & SERVICES LINE	Health & human services information and referral.	2-1-1	n/a
HEALTH INFORMATION LINE BC NURSE LINE DIAL-A-DIETITIAN	Phone line answered by Health Service Representatives who direct calls to health providers, services & resources.	8-1-1	n/a
HEALTH AND SENIORS LINE	Information and referral specialists provide confidential multi-lingual information to link people with referral to government programs, health services, systems etc.	1-800-465-4911	n/a
PHYSICAL ACTIVITY LINE (PAL)	Phone assessment, education and referral information on physical activity and healthy	604-241-2266	604-904-6172
SENIORS ONE STOP	Comprehensive information about NS services, resources & activities to seniors.	604-983-3303	n/a
SMOKING CESSATION QUIT NOW	Smoking cessation coaches help develop a quit plan and provide on-going support.	8-1-1	n/a

MEDICAL SPECIALISTS

Program	Description	Telephone	Fax
NORTH SHORE SPECIALIST REFERRAL GUIDE	Unofficial list of specialists and GPs with special practice interests on the North Shore.	www.deanbrown.ca (Under "NS Physicians") https://www.divisionsbc.ca/northshore/resources	
RAPID ACCESS TO CONSULTATIVE EXPERTISE (RACE)	Access to telephone advice from Providence Health Care (PHC) specialists.	1-877-330-7322	n/a

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